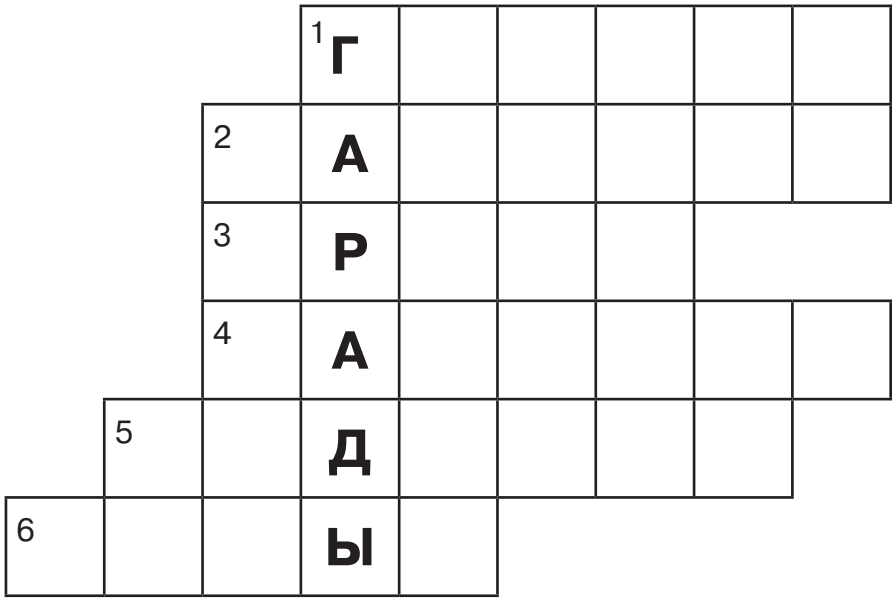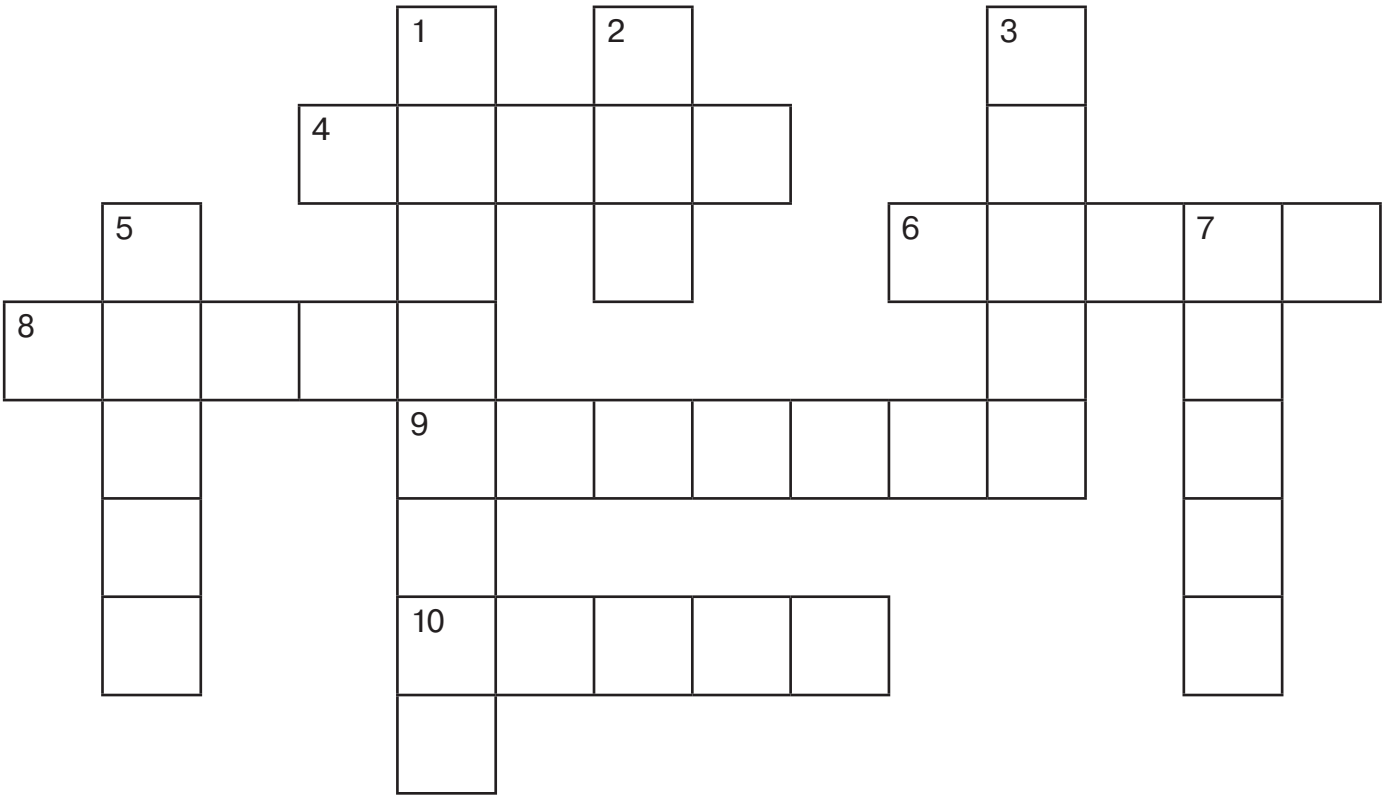Крыжаванкі